

2° TRIDENTUM OPEN 2006

Trento, domenica 12 marzo 2006

DISTANZA GARA m. 2.000

UNDER 29 MASCHILE

		ETA'	TEMPO	PASSO	1°500	2°500	3°500	4°500	Spm	CAT.	
1	ANDREAZZI MICHELE	PROSPORT TRENTO	17	7:02.7	1:45.7	1:44.0	1:44.7	1:47.0	1:47.0	30	17/19
2	LAZZARONI LUCA	PAL.SPACE CASALMAGGIORE (CR)	28	7:15.3	1:48.8	1:42.8	1:52.3	1:51.2	1:49.9	29	=
3	RIGHI DANIELE	PROSPORT TRENTO	29	7:42.7	1:55.7	1:41.1	1:54.8	2:04.3	2:02.4	30	=
4	TONAZZOLLI MICHELE	PROSPORT TRENTO	22	7:47.6	1:56.9	1:50.7	1:58.3	2:03.1	1:55.6	29	=
5	FASOLINI ANDREA	SPORTPIU' BERGAMO	27	7:53.6	1:58.4	1:50.6	1:59.4	2:04.4	1:59.1	30	=
6	ENDRIZZI MATTIA	WELNESS PLANET MEZZOL.(TN)	22	8:06.8	2:01.7	1:48.1	2:03.9	2:08.5	2:06.4	31	=

UNDER 29 PESI LEGGERI MASCHILE

		ETA'	TEMPO	PASSO	1°500	2°500	3°500	4°500	Spm	CAT.	
1	GARULLI SIMONE	PAL.SPACE CASALMAG.	23	6:51.9	1:43.0	1:35.0	1:40.3	1:46.4	1:50.2	36	=
2	MARCHI ADRIANO	KOX AREA MANTOVA	29	7:01.6	1:45.4	1:43.1	1:45.5	1:47.0	1:46.0	30	=
3	DE MEIO MAURO	PROSPORT TRENTO	29	7:08.0	1:47.0	1:46.8	1:48.7	1:48.5	1:44.0	29	=
4	REMELLI DANIEL	KOX AREA MANTOVA	26	7:08.1	1:47.0	1:41.9	1:47.4	1:51.3	1:47.6	31	=
5	DI CLEMENTE RENZO	PROSPORT TRENTO	29	7:52.4	1:58.1	1:53.9	1:58.1	2:00.5	1:59.8	30	=
6	KETMAIER FABRIZIO	PROSPORT TRENTO	15	8:31.4	2:07.9	1:58.7	2:12.3	2:12.9	2:07.6	26	15/16

30/39 MASCHILE

		ETA'	TEMPO	PASSO	1°500	2°500	3°500	4°500	Spm	CAT.	
1	SERENA MAURO	SPINTONIC BELLUNO	30	6:35.5	1:38.9	1:35.4	1:39.3	1:40.4	1:40.4	32	=
2	VECCHIA FRANCO	KOX AREA MANTOVA	31	6:44.6	1:41.2	1:38.7	1:40.3	1:42.5	1:43.1	30	=
3	ZANIN MARZIO	SPINTONIC BELLUNO	30	6:50.5	1:42.6	1:40.3	1:43.3	1:44.1	1:42.8	31	=
3	SORIO OMAR	PAL.SPACE CASALMAG.	30	6:57.4	1:44.4	1:38.5	1:47.1	1:46.9	1:45.0	31	=
5	STENICO GIUSEPPE	WELNESS PLANET MZL	30	7:02.8	1:45.7	1:42.4	1:46.3	1:46.9	1:47.3	29	=
6	CALEGARI MAURO	SPORT PIU' BERGAMO	35	7:04.7	1:46.2	1:41.5	1:48.2	1:48.2	1:46.8	31	=
7	FURLANI GABRIELE	PROSPORT TRENTO	31	7:13.8	1:48.4	1:44.4	1:46.9	1:48.2	1:54.4	28	=
8	PEPERONI RUDY	SPINTONIC BELLUNO	34	7:22.2	1:50.6	1:45.6	1:52.1	1:53.0	1:51.6	29	=
9	DE BONA LUCA	SPINTONIC BELLUNO	31	7:24.6	1:51.1	1:45.2	1:52.8	1:55.8	1:50.7	25	=
10	DANIELLI ANDREA	PROSPORT TRENTO	39	7:26.5	1:51.6	1:44.3	1:54.8	1:55.2	1:52.2	29	=
11	FILIPPI FEDERICO	WELNESS PLANET MZL	31	7:41.9	1:55.5	1:48.9	1:53.3	1:58.5	2:01.2	28	=
12	TOFFOLI PAOLO	KOX AREA MANTOVA	33	7:43.4	1:55.8	1:49.7	1:54.9	2:00.1	1:58.7	29	=

30/39 PESI LEGGERI MASCHILE

			ETA'	TEMPO	PASSO	1°500	2°500	3°500	4°500	Spm	CAT.
1	PANCIERA LEONARDO	SPINTONIC BELLUNO	37	6:46.5	1:41.6	1:42.4	1:42.3	1:41.9	1:39.8	30	=
2	MIRABELLA STEFANO	PROSPORT TRENTO	36	7:07.3	1:46.8	1:42.8	1:45.6	1:49.5	1:49.4	28	=
3	LOCATELLI MATTEO	PROGETTO SPORT BG	38	7:14.7	1:48.7	1:47.9	1:50.5	1:49.7	1:46.7	31	=
4	NASI PIERGIORGIO	KOX AREA MANTOVA	35	7:27.3	1:51.8	1:48.2	1:50.0	1:50.2	1:58.8	33	=
5	SCARPELLINI GIOVANNI	SPORTPIU' BERGAMO	39	7:39.0	1:54.8	1:50.7	1:55.2	1:56.7	1:56.4	28	=

40/49 MASCHILE

			ETA'	TEMPO	PASSO	1°500	2°500	3°500	4°500	Spm	CAT.
1	MENESTRINA PAOLO	PROSPORT TRENTO	41	6:42.0	1:40.5	1:37.5	1:41.3	1:41.6	1:41.1	31	=
2	MANTOVANI GABRIELE	KOX AREA MANTOVA	40	7:01.3	1:45.3	1:44.1	1:46.7	1:45.4	1:45.1	31	=
3	BETTIN ANTONIO	WELNESS PLANET MZL	42	7:06.3	1:46.6	1:44.9	1:47.6	1:47.8	1:46.0	30	=
4	GUERRA ANDREA	PROSPORT TRENTO	44	7:10.0	1:47.5	1:45.7	1:48.8	1:49.2	1:46.3	30	=
5	BERT RENZO	WELNESS PLANET MZL	41	7:14.4	1:48.6	1:47.3	1:50.3	1:49.8	1:46.9	31	=
6	MICHELI ANDREA	PROSPORT TRENTO	46	7:34.7	1:53.7	1:49.1	1:55.8	1:54.6	1:55.2	29	=
7	BOLIS ROBERTO	SPORTPIU' BERGAMO	40	7:39.4	1:54.8	1:51.0	1:55.3	1:56.3	1:56.8	29	=
8	DECARLI SANDRO	PROSPORT TRENTO	44	8:00.7	2:00.2	1:54.7	2:01.6	2:03.8	2:00.6	30	=

40/49 PESI LEGGERI MASCHILE

			ETA'	TEMPO	PASSO	1°500	2°500	3°500	4°500	Spm	CAT.
1	RESENTERRA RENZO	PROSPORT TRENTO	47	7:21.5	1:50.4	1:46.8	1:49.6	1:53.5	1:51.5	28	=
2	DENICU GIANPIETRO	SPINTONIC BELLUNO	40	7:22.3	1:50.6	1:45.3	1:52.8	1:54.8	1:49.5	32	=
3	MATTARELLO PAOLO	PROSPORT TRENTO	42	7:33.7	1:53.4	1:50.0	1:51.7	1:51.3	2:00.7	29	=
4	COMPER PAOLO	PROSPORT TRENTO	41	8:10.4	2:02.6	2:00.6	2:03.9	2:04.0	2:01.9	33	=
5	OSVALDI STEFANO	SPINTONIC BELLUNO	43	8:57.6	2:14.4	2:09.3	2:15.9	2:17.0	2:15.4	30	=

OVER 50 MASCHILE

			ETA'	TEMPO	PASSO	1°500	2°500	3°500	4°500	Spm	CAT.
1	LORENTICCHIO GIUSEPPE	SPORTPIU' BERGAMO	53	7:25.3	1:51.3	1:50.1	1:51.5	1:51.9	1:51.7	29	50/54
2	RINALDI PAOLO	PROSPORT TRENTO	54	7:42.4	1:55.6	1:49.6	1:54.9	1:58.1	1:59.8	29	50/54
3	PENASA LUCIANO	PROSPORT TRENTO	52	7:52.1	1:58.0	1:58.4	1:59.4	1:59.3	1:55.0	28	50/54
4	DALPIAZ BASILIO	PROSPORT TRENTO	57	8:22.8	2:05.7	2:01.3	2:06.7	2:09.2	2:05.5	30	55/59
5	RAINERI EZIO	WELNESS PLANET MZL	59	9:03.8	2:16.0	2:10.7	2:21.8	2:17.9	2:13.4	34	55/59

UNDER 29 FEMMINILE

			ETA'	TEMPO	PASSO	1°500	2°500	3°500	4°500	Spm	CAT.
1	FORMICA MANUELA	MASTER FITNESS CASAL.	22	7:41.9	1:55.5	1:47.3	1:56.1	1:59.0	1:59.5	34	=
2	DALFOVO CRISTINA	PROSPORT TRENTO	28	8:11.5	2:02.9	1:57.8	2:03.5	2:04.2	2:06.0	28	=
3	IMBIMBO ANNA	PROSPORT TRENTO	29	8:27.8	2:06.9	2:05.4	2:08.9	2:07.6	2:05.9	28	=
4	SELVESTREL BARBARA	PROSPORT TRENTO	22	9:20.7	2:20.2	2:15.3	2:21.9	2:22.9	2:20.7	27	=

UNDER 29 PESI LEGGERI FEMMINILE

			ETA'	TEMPO	PASSO	1°500	2°500	3°500	4°500	Spm	CAT.
1	MELOTTI GRETA	KOX AREA MANTOVA	25	8:28.3	2:07.1	2:02.9	2:09.6	2:09.7	2:06.2	30	=
2	CASTELLINI ELISA	KOX AREA MANTOVA	28	8:48.5	2:12.1	2:06.9	2:11.8	2:14.6	2:15.2	30	=
3	SINAPI KATIA	PROSPORT TRENTO	24	9:12.2	2:18.0	2:09.0	2:22.6	2:21.5	2:19.0	30	=

30/39 FEMMINILE

			ETA'	TEMPO	PASSO	1°500	2°500	3°500	4°500	Spm	CAT.
1	FERRARI SIMONA	PROSPORT TRENTO	32	8:37.5	2:09.4	2:06.9	2:08.9	2:11.0	2:10.6	31	=
2	SANTORUM CINZIA	PROSPORT TRENTO	38	9:02.0	2:15.5	2:01.7	2:19.3	2:21.1	2:19.9	32	=
3	MIGLIORINI ALESSANDRA	KOX AREA MANTOVA	39	9:03.5	2:15.9	2:08.1	2:20.2	2:20.3	2:14.9	30	=

30/39 PESI LEGGERI FEMMINILE

			ETA'	TEMPO	PASSO	1°500	2°500	3°500	4°500	Spm	CAT.
1	ZATTI PAOLA	SPORTPIU' BERGAMO	39	8:02.8	2:00.7	2:00.0	2:00.7	2:01.3	2:00.8	29	=
2	CASER ANTONELLA	PROSPORT TRENTO	38	8:15.1	2:03.8	2:00.7	2:03.9	2:04.6	2:05.8	29	=
3	PIETRUNTI MARIACRISTINA	SPORTPIU' BERGAMO	33	8:16.2	2:04.0	2:01.1	2:04.7	2:05.7	2:04.6	29	=
4	DE VINCENZI CLAUDIA	KOX AREA MANTOVA	35	8:39.9	2:10.0	2:04.1	2:10.4	2:12.7	2:12.7	35	=
5	RICCOBALDI COSTANZA	SPINTONIC BELLUNO	36	8:52.3	2:13.1	2:13.0	2:13.6	2:12.5	2:13.1	29	=
6	DENICU ELENA	SPINTONIC BELLUNO	34	9:05.1	2:16.3	2:18.9	2:21.5	2:16.7	2:08.0	31	=
7	FRATTA CLAUDIA	SPINTONIC BELLUNO	33	9:29.5	2:22.4	2:14.7	2:23.5	2:27.7	2:23.6	28	=
8	PISETTA ROSARIA	WELNESS PLANET MZL	31	9:42.1	2:25.5	2:22.0	2:28.7	2:27.4	2:23.9	30	=

40/49 FEMMINILE

			ETA'	TEMPO	PASSO	1°500	2°500	3°500	4°500	Spm	CAT.
1	BATTAINI FLAVIA	WELNESS PLANET MZL	41	8:28.0	2:07.0	2:03.9	2:07.2	2:09.3	2:07.6	26	=
2	MELCHIORI MARIAGRAZIA	WELNESS PLANET MZL	40	9:04.1	2:16.0	2:11.1	2:21.3	2:19.7	2:11.9	26	=

40/49 PESI LEGGERI FEMMINILE

			ETA'	TEMPO	PASSO	1°500	2°500	3°500	4°500	Spm	CAT.
1	SPEGGIORIN ORNELLA	KOX AREA MANTOVA	42	8:17.5	2:04.4	2:01.9	2:06.5	2:06.9	2:02.3	35	=
2	ANDREOLLI ANGIOLA	PROSPORT TRENTO	47	8:50.0	2:12.5	2:09.7	2:11.1	2:13.3	2:15.9	29	=
3	BOMBONATO CRISTINA	PROSPORT TRENTO	41	9:28.1	2:22.0	2:11.6	2:25.2	2:25.8	2:25.4	30	=

OVER 50 FEMMINILE

			ETA'	TEMPO	PASSO	1°500	2°500	3°500	4°500	Spm	CAT.
1	SIMONI VITTORIA	PROSPORT TRENTO	57	8:50.3	2:12.6	2:09.0	2:13.4	2:14.2	2:13.7	27	55/59
2	ENDRIZZI SILVANA	WELNESS PLANET MZL	55	9:09.2	2:17.3	2:10.7	2:16.6	2:19.5	2:22.4	29	55/59
3	TRENTINI PAOLA	PROSPORT TRENTO	68	9:25.8	2:21.4	2:16.9	2:21.0	2:23.2	2:24.7	28	65/69 PL
4	SORBELLO ANNA MARIA	PROSPORT TRENTO	65	10:04.6	2:31.1	2:24.3	2:35.8	2:34.7	2:29.8	32	65/69 PL

TROFEO "TRIDENTUM OPEN" TOP TEN MASCHILE - 2006

	NOMINATIVO	CLUB	CAT.	ETA'	TEMPO	WORLD RECORD	DIFF. %
1	PANCIERA LEONARDO	SPINTONIC BELLUNO	30/39 PL	37	6:46.5	6:06.4	90.14%
2	GARULLI SIMONE	PAL.SPACE CASALMAG.	UNDER 29 PL	23	6:51.9	6:02.6	88.03%
3	MENESTRINA PAOLO	PROSPORT TRENTO	40/49	41	6:42.0	5:52.0	87.56%
4	MARCHI ADRIANO	KOX AREA MANTOVA	UNDER 29 PL	29	7:01.6	6:02.6	86.01%
5	MIRABELLA STEFANO	PROSPORT TRENTO	30/39 PL	36	7:07.3	6:06.4	85.75%
6	RESENTERRA RENZO	PROSPORT TRENTO	40/49 PL	47	7:21.5	6:18.2	85.66%
7	DENICU GIANPIETRO	SPINTONIC BELLUNO	40/49 PL	40	7:22.3	6:18.2	85.51%
8	SERENA MAURO	SPINTONIC BELLUNO	30/39	30	6:35.5	5:37.0	85.21%
9	DE MEIO MAURO	PROSPORT TRENTO	UNDER 29 PL	29	7:08.0	6:02.6	84.72%
10	REMELLI DANIEL	KOX AREA MANTOVA	UNDER 29 PL	26	7:08.1	6:02.6	84.70%

TROFEO "TRIDENTUM OPEN" TOP TEN FEMMINILE - 2006

	NOMINATIVO	CLUB	CAT.	ETA'	TEMPO	WORLD RECORD	DIFF. %
1	SPEGGIORIN ORNELLA	KOX AREA MANTOVA	40/49 PL	42	8:17.5	7:09.6	86.35%
2	ZATTI PAOLA	SPORTPIU' BERGAMO	30/39 PL	39	8:02.8	6:56.7	86.31%
3	SIMONI VITTORIA	PROSPORT TRENTO	55/59	57	8:50.3	7:31.5	85.14%
4	TRENTINI PAOLA	PROSPORT TRENTO	65/69	68	9:25.8	8:00.0	84.84%
5	CASER ANTONELLA	PROSPORT TRENTO	30/39 PL	38	8:15.1	6:56.7	84.16%
6	FORMICA MANUELA	MASTER FITNESS CASAL.	UNDER 29	22	7:41.9	6:28.4	84.09%
7	PIETRUNTI MARIACRISTINA	SPORTPIU' BERGAMO	30/39 PL	33	8:16.2	6:56.7	83.98%
8	ENDRIZZI SILVANA	WELNESS PLANET MZL	55/59	55	9:09.2	7:31.5	82.21%
9	ANDREOLLI ANGIOLA	PROSPORT TRENTO	40/49 PL	47	8:50.0	7:09.6	81.06%
10	BATTAINI FLAVIA	WELNESS PLANET MZL	40/49	41	8:28.0	6:48.2	80.35%